

Glen Innes Family Centre has been generously supported by:



Mana Rangatahi

A programme designed for Youth Development in the Tamaki Area

This programme is designed for youth aged 12-15 years.
Maximum of 10 per group.

FACILITATORS

Programme Co-Ordinator

Kathleen Nelson
BASW, Registered with SWRB

Co-Facilitators

External Facilitators



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OUR AIMS

1. Strengthening ties within community, Whanau, Hapu and Iwi.
2. Develop and enhance leadership skills.
3. Grow basic life skills.
4. Building positive connections for youth within the community.
5. Increase self confidence, self esteem and sense of belonging.

The program is run on Fridays from 5pm - 7pm.

The youth will be picked up and dropped off for each session and dinner will be provided.

There will be two one on one sessions incorporated into the program.



This programme will be run at The Glen Innes Family Centre and off-site excursions.

If more time is required for whanau/family this can be scheduled outside of course times and there after.

All course content and support provided will be conducted in a safe confidential manner.

PROGRAMME OUTLINE

Session One

Whakawhanaungatanga:

Get to know each other.
Rundown of Programme/Tikanga.
Cook a meal together.

Session Two

Youthline - this session is tailored to meet the needs of each youth group.

Session Three

Tee shirt time - youth design a t-shirt.

Session Four

Personal Development - Building self-esteem and confidence.

Session Five

Leadership - leadership and goal setting with positive role models in the community.

Session Six

Well being - how negative influences can impact on your well being.

Session Seven

Confidence - Rocket Ropes Confidence Course.

Session Eight

Held at Ruapotaka Marae with a guest speaker.